

# Fry Word Lists

Fry words, or "instant words" are the 1,000 most common words. It's important for students to be able to read these words by sight (not sounding them out) to improve their reading fluency. To build up automaticity, students will work to "pass off" each list by reading all 100 words in less than 1:00. Please help your student practice their list three times each day and time them so they can see how they are improving. Once they are ready to pass a list, they will read the list to me and will earn 5 Dojo Points for each list!

## Fry's First 100 Words

1. the	21. at	41. there	61. some	81. my
2. of	22. be	42. use	62. her	82. than
3. and	23. this	43. an	63. would	83. first
4. a	24. have	44. each	64. make	84. water
5. to	25. from	45. which	65. like	85. been
6. in	26. or	46. she	66. him	86. called
7. is	27. one	47. do	67. into	87. who
8. you	28. had	48. how	68. time	88. am
9. that	29. by	49. their	69. has	89. its
10. it	30. words	50. if	70. look	90. now
11. he	31. but	51. will	71. two	91. find
12. was	32. not	52. up	72. more	92. long
13. for	33. what	53. other	73. write	93. down
14. on	34. all	54. about	74. go	94. day
15. are	35. were	55. out	75. see	95. did
16. as	36. we	56. many	76. number	96. get
17. with	37. when	57. then	77. no	97. come
18. his	38. your	58. them	78. way	98. made
19. they	39. can	59. these	79. could	99. may
20. I	40. said	60. so	80. people	100. part

## Fry's Second 100 Words

101. over	121. name	141. boy	161. such	181. change
102. new	122. good	142. following	162. because	182. off
103. sound	123. sentence	143. came	163. turn	183. play
104. take	124. man	144. want	164. here	184. spell
105. only	125. think	145. show	165. why	185. air
106. little	126. say	146. also	166. asked	186. away
107. work	127. great	147. around	167. went	187. animals
108. know	128. where	148. farm	168. men	188. house
109. place	129. help	149. three	169. read	189. point
110. years	130. through	150. small	170. need	190. page
111. live	131. much	151. set	171. land	191. letters
112. me	132. before	152. put	172. different	192. mother
113. back	133. line	153. end	173. home	193. answer
114. give	134. right	154. does	174. us	194. found
115. most	135. too	155. another	175. move	195. study
116. very	136. means	156. well	176. try	196. still
117. after	137. old	157. large	177. kind	197. learn
118. thing	138. any	158. must	178. hand	198. should
119. our	139. same	159. big	179. picture	199. America
120. just	140. tell	160. even	180. again	200. world

## Fry's Third 100 Words

201. high	221. light	241. life	261. sea	281. watch
202. every	222. thought	242. always	262. began	282. far
203. near	223. head	243. those	263. grow	283. Indians
204. add	224. under	244. both	264. took	284. really
205. food	225. story	245. paper	265. river	285. almost
206. between	226. saw	246. together	266. four	286. let
207. own	227. left	247. got	267. carry	287. above
208. below	228. don't	248. group	268. state	288. girl
209. country	229. few	249. often	269. once	289. sometimes
210. plants	230. while	250. run	270. book	290. mountains
211. last	231. along	251. important	271. hear	291. cut
212. school	232. might	252. until	272. stop	292. young
213. father	233. close	253. children	273. without	293. talk
214. keep	234. something	254. side	274. second	294. soon
215. trees	235. seemed	255. feet	275. later	295. list
216. never	236. next	256. car	276. miss	296. song
217. started	237. hard	257. miles	277. idea	297. being
218. city	238. open	258. night	278. enough	298. leave
219. earth	239. example	259. walked	279. eat	299. family
220. eyes	240. beginning	260. white	280. face	300. it's

## Fry's Fourth 100 Words

301. body	321. usually	341. hours	361. five	381. cold
302. music	322. didn't	342. black	362. step	382. cried
303. color	323. friends	343. products	363. morning	383. plan
304. stand	324. easy	344. happened	364. passed	384. notice
305. sun	325. heard	345. whole	365. vowel	385. south
306. questions	326. order	346. measure	366. true	386. sing
307. fish	327. red	347. remember	367. hundred	387. war
308. area	328. door	348. early	368. against	388. ground
309. mark	329. sure	349. waves	369. pattern	389. fall
310. dog	330. become	350. reached	370. numeral	390. king
311. horse	331. top	351. listen	371. table	391. town
312. birds	332. ship	352. wind	372. north	392. I'll
313. problem	333. across	353. rock	373. slowly	393. unit
314. complete	334. today	354. space	374. money	394. figure
315. room	335. during	355. covered	375. map	395. certain
316. knew	336. short	356. fast	376. busy	396. field
317. since	337. better	357. several	377. pulled	397. travel
318. ever	338. best	358. hold	378. draw	398. wood
319. piece	339. however	359. himself	379. voice	399. fire
320. told	340. low	360. toward	380. seen	400. upon

## Fry's Fifth 100 Words

401. done	421. front	441. stay	461. warm	481. object
402. English	422. feel	442. green	462. common	482. bread
403. road	423. fact	443. known	463. bring	483. rule
404. halt	424. inches	444. island	464. explain	484. among
405. ten	425. street	445. week	465. dry	485. noun
406. fly	426. decided	446. less	466. though	486. power
407. gave	427. contain	447. machine	467. language	487. cannot
408. box	428. course	448. base	468. shape	488. able
409. finally	429. surface	449. ago	469. deep	489. six
410. wait	430. produce	450. stood	470. thousands	490. size
411. correct	431. building	451. plane	471. yes	491. dark
412. oh	432. ocean	452. system	472. clear	492. ball
413. quickly	433. class	453. behind	473. equation	493. material
414. person	434. note	454. ran	474. yet	494. special
415. became	435. nothing	455. round	475. government	495. heavy
416. shown	436. rest	456. boat	476. filled	496. fine
417. minutes	437. carefully	457. game	477. heat	497. pair
418. strong	438. scientists	458. force	478. full	498. circle
419. verb	439. inside	459. brought	479. hot	499. include
420. stars	440. wheels	460. understand	480. check	500. built

## Fry's Sixth 100 Words

501. can't	521. region	541. window	561. arms	581. west
502. matter	522. return	542. difference	562. brother	582. lay
503. square	523. believe	543. distant	563. race	583. weather
504. syllables	524. dance	544. heart	564. present	584. root
505. perhaps	525. members	545. sit	565. beautiful	585. instruments
506. bill	526. picked	546. sum	566. store	586. meet
507. felt	527. simple	547. summer	567. job	587. third
508. suddenly	528. cells	548. wall	568. edge	588. months
509. test	529. paint	549. forest	569. past	589. paragraph
510. direction	530. mind	550. probably	570. sign	590. raised
511. center	531. love	551. legs	571. record	591. represent
512. farmers	532. cause	552. sat	572. finished	592. soft
513. ready	533. rain	553. main	573. discovered	593. whether
514. anything	534. exercise	554. winter	574. wild	594. clothes
515. divided	535. eggs	555. wide	575. happy	595. flowers
516. general	536. train	556. written	576. beside	596. shall
517. energy	537. blue	557. length	577. gone	597. teacher
518. subject	538. wish	558. reason	578. sky	598. held
519. Europe	539. drop	559. kept	579. glass	599. describe
520. moon	540. developed	560. interest	580. million	<b>600.</b> drive



## Fry's Seventh 100 Words

601. cross	621. buy	641. temperature	661. possible	681. fraction
602. speak	622. century	642. bright	662. gold	682. Africa
603. solve	623. outside	643. lead	663. milk	683. killed
604. appear	624. everything	644. everyone	664. quiet	684. melody
605. metal	625. tall	645. method	665. natural	685. bottom
606. son	626. already	646. section	666. lot	686. trip
607. either	627. instead	647. lake	667. stone	687. hole
608. ice	628. phrase	648. consonant	668. act	688. poor
609. sleep	629. soil	649. within	669. build	689. let's
610. village	630. bed	650. dictionary	670. middle	690. fight
611. factors	631. copy	651. hair	671. speed	691. surprise
612. result	632. free	652. age	672. count	692. French
613. jumped	633. hope	653. amount	673. cat	693. died
614. snow	634. spring	654. scale	674. someone	694. beat
615. ride	635. case	655. pounds	675. sail	695. exactly
616. care	636. laughed	656. although	676. rolled	696. remain
617. floor	637. nation	657. per	677. bear	697. dress
618. hill	638. quite	658. broken	678. wonder	698. iron
619. pushed	639. type	659. moment	679. smiled	699. couldn't
620. baby	640. themselves	660. tiny	680. angle	700. fingers

## Fry's Eighth 100 Words

701. row	721. grew	741. east	761. suppose	781. direct
702. least	722. skin	742. pay	762. woman	782. ring
703. catch	723. valley	743. single	763. coast	783. serve
704. climbed	724. cents	744. touch	764. bank	784. child
705. wrote	725. key	745. information	765. period	785. desert
706. shouted	726. president	746. express	766. wire	786. increase
707. continued	727. brown	747. mouth	767. choose	787. history
708. itself	728. trouble	748. yard	768. clean	788. cost
709. else	729. cool	749. equal	769. visit	789. maybe
710. plains	730. cloud	750. decimal	770. bit	790. business
711. gas	731. lost	751. yourself	771. whose	791. separate
712. England	732. sent	752. control	772. received	792. break
713. burning	733. symbols	753. practice	773. garden	793. uncle
714. design	734. wear	754. report	774. please	794. hunting
715. joined	735. bad	755. straight	775. strange	795. flow
716. foot	736. save	756. rise	776. caught	796. lady
717. law	737. experiment	757. statement	777. fell	797. students
718. ears	738. engine	758. stick	778. team	798. human
719. grass	739. alone	759. party	779. God	799. art
720. you're	740. drawing	760. seeds	780. captain	800. feeling

## Fry's Ninth 100 Words

801. supply	821. fit	841. sense	861. position	881. meat
802. corner	822. addition	842. string	862. entered	882. lifted
803. electric	823. belong	843. blow	863. fruit	883. process
804. insects	824. safe	844. famous	864. tied	884. army
805. crops	825. soldiers	845. value	865. rich	885. hat
806. tone	826. guess	846. wings	866. dollars	886. property
807. hit	827. silent	847. movement	867. send	887. particular
808. sand	828. trade	848. pole	868. sight	888. swim
809. doctor	829. rather	849. exciting	869. chief	889. terms
810. provide	830. compare	850. branches	870. Japanese	890. current
811. thus	831. crowd	851. thick	871. stream	891. park
812. won't	832. poem	852. blood	872. planets	892. sell
813. cook	833. enjoy	853. lie	873. rhythm	893. shoulder
814. bones	834. elements	854. spot	874. eight	894. industry
815. tail	835. indicate	855. bell	875. science	895. wash
816. board	836. except	856. fun	876. major	896. block
817. modern	837. expect	857. loud	877. observe	897. spread
818. compound	838. flat	858. consider	878. tube	898. cattle
819. mine	839. seven	859. suggested	879. necessary	899. wife
820. wasn't	840. interesting	860. thin	880. weight	900. sharp

## Fry's Tenth 100 Words

901. company	921. France	941. shoes	961. workers	981. rope
902. radio	922. repeated	942. actually	962. Washington	982. cotton
903. we'll	923. column	943. nose	963. Greek	983. apple
904. action	924. western	944. afraid	964. women	984. details
905. capital	925. church	945. dead	965. bought	985. entire
906. factories	926. sister	946. sugar	966. led	986. corn
907. settled	927. oxygen	947. adjective	967. march	987. substances
908. yellow	928. plural	948. fig	968. northern	988. smell
909. isn't	929. various	949. office	969. create	989. tools
910. southern	930. agreed	950. huge	970. British	990. conditions
911. truck	931. opposite	951. gun	971. difficult	991. cows
912. fair	932. wrong	952. similar	972. match	992. track
913. printed	933. chart	953. death	973. win	993. arrived
914. wouldn't	934. prepared	954. score	974. doesn't	994. located
915. ahead	935. pretty	955. forward	975. steel	995. sir
916. chance	936. solution	956. stretched	976. total	996. seat
917. born	937. fresh	957. experience	977. deal	997. division
918. level	938. shop	958. rose	978. determine	998. effect
919. triangle	939. suffix	959. allow	979. evening	999. underline
920. molecules	940. especially	960. fear	980. nor	1000. view